

Coaching Supervision Services Information Sheet

Supervision is a confidential working relationship in which the personal resources of the coaching supervisor and coach supervisee are directed, in regular sessions, towards maximizing the competence of the coach in helping clients.

The aim of coaching supervision is to provide an attentive and supportive climate within which the individual can develop new options for managing themselves and their work with greater satisfaction and effectiveness."

(Adapted: Inskipp and Proctor, 1989)

My Approach

The supervision I offer is based upon my respect for an individual's own training and philosophy. My work brings me into contact with individuals and groups who are interested in taking responsibility for their learning and professional practice and who are seeking a regular, preserved time to reflect on their work.

I welcome the opportunity of a preliminary discussion regarding individual needs for which no charge is made. Any subsequent meeting for the purpose of a more detailed briefing may be fee payable.

Background Information

Frequency of Supervision Sessions

Individual coaches normally contract for between one to one and a half hours supervision. Group Supervision is usually between two to three hours in duration. The frequency of supervision varies according to the type and volume of work, experience of the coach, the work setting and any current professional requirements. I am also able to offer Telephone, Skype supervision for those who wish to work with me but where geographical location may prove prohibitive.

Supervision Reviews

As part of good practice I encourage collaborative reviews of the effectiveness of coaching supervision. These reviews enable changes to be made to the supervision process where appropriate. In addition, methods of self assessment and self evaluation of the coaching work are also considered. I also receive supervision support for my supervision work.

Confidentiality

As a coaching supervisor I treat all information disclosed to me as confidential. Where a professional disagreement about client care cannot be resolved I consult with a fellow professional and, if appropriate, refer the coach to another coaching supervisor. I reserve the right to make contact with the relevant organization (e.g. employer, training programme, external agency or professional body) if I believe the work of a coach causes serious concern and where a mutual course of action cannot be agreed.

Legal responsibilities

Issues for consideration include our respective legal liabilities to each other, any employing organization and to clients. This includes the action to be taken if I have serious concerns about coaching practice - particularly in the area of client safety.



Anti-discriminatory Practice

I seek to provide a service which is anti-discriminatory in nature, endeavouring to ensure this commitment is reflected in the supervisory process.

Contact

I do not break into sessions to answer the telephone and there are times when I am not contactable. However, I normally respond within 24 hours to any message I receive. I am also available between sessions should you experience difficulties with a client which cannot wait until the next session.

Skype/Telephone Coaching Supervision

My Skype name is gladeana.mcmahon and I offer video as well as ordinary Skype contact. If you would prefer Telephone Coaching Supervision then you would need to ring me on +44 (0)208 852 4854 at the agreed time.

Fees and cancellation policy

Individuals: £80 + VAT per hour.

Groups of up to 4: £50 per person per hour + VAT.

I require a *full 24 hours notice* regarding cancelled sessions otherwise the coach or sponsoring organization is liable for the full cost of the session. Individuals pay by cheque, cash or BACs payment at the end of each session whilst organizations are invoiced on a monthly basis. The terms and conditions and fees outlined are liable to annual review.

Professional Details

Fellowships and Accreditations

I am Chair & Fellow of the Association for Coaching, and hold Fellowship status with the Institute of Management Specialists, British Association for Counselling and Psychotherapy, International Stress Management Association and the Royal Society of Arts. In addition, I am a CBC Accredited Coach, an NLP Accredited Coach, a BACP Senior Accredited Counsellor, BABCP Accredited Cognitive Behavioural Psychotherapist and an AREBT Accredited Therapist.



Experience

I have been self-employed since 1988 and work as an Executive and Life/Personal Coach, Therapist, Coaching and Counselling Supervisor, motivational speaker and Trainer. I started my therapeutic work in 1977, my counselling supervision work in 1979, and my training work in 1981. I commenced offering Executive Coaching in 1990, Life/Personal Coaching in 1993 and Coaching Supervision in 1992. I work in a variety of private, public, media, medical and not for profit sectors.

Contact Details

Address: 9, Streetfield Mews, Blackheath Park, London SE3 0ER.

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Mobile: + 44 (0)7711 896 185

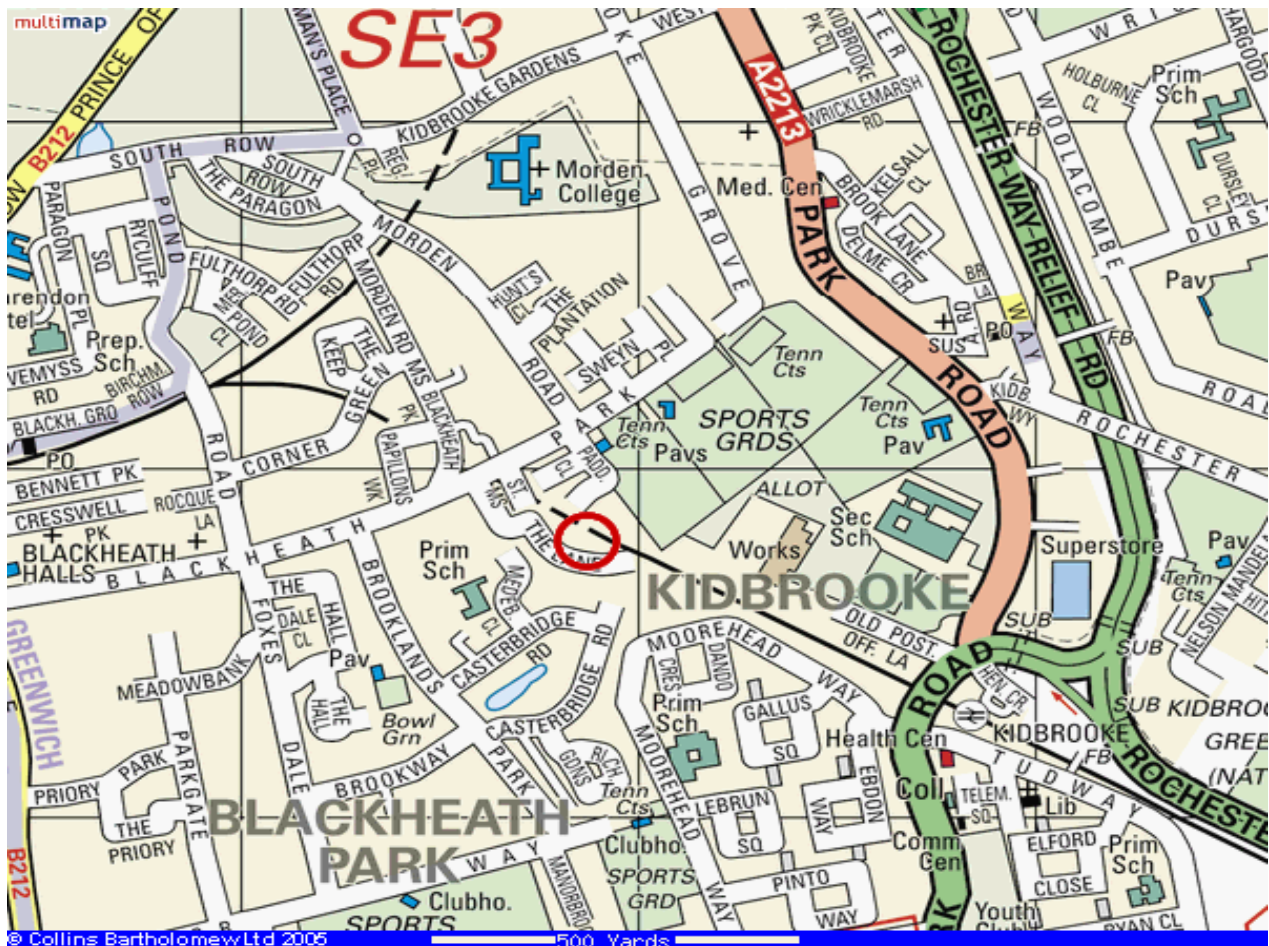
Email: info@gladeanamcmahon.com

Skype: gladeana.mcmahon

LinkedIn: <http://uklinkedin.com/in/gladeanamcmahon>

Twitter: <http://twitter.com/GladeanaMcMahon>

Location and Travel



- Train:** Just 15 minutes from Central London to Blackheath. Trains leave Charing Cross, Victoria, Waterloo East and London Bridge towards Bexleyheath/Slade Green/Dartford and there are usually at least 4 trains an hour. Our offices are about a 10 to 15 minute walk from Blackheath Station. There is a minicab company at the side of the Station and the cost is approximately £5.00.
- DLR:** The DLR now serves Lewisham from Docklands and Central London and connections to Blackheath are via train or bus from Lewisham.
- Car:** The A2, A20 and South Circular Road for quick and easy access. Blackheath and Blackheath Park is situated to the South End of the Village. There are visitors parking bays at the top of Streetfield Mews.
- Bus:** Numbers 54, 89, 108, 202, N53 and N108 all stop in Blackheath. Visitors parking bays are available on the right hand side at the top of the mews